# **Coaching and Games Development**

The Coaching and Games Development Strategy will include all games played by the club: Gaelic Football, Hurling, Ladies Football, Camogie

### Our Aim:

In 2023 we will be able to say:

"Round Towers Lusk are providing a consistently high standard of coaching and mentoring. The club ensures that each player is prepared to the best of his/her ability and has an opportunity to participate fully and take part in meaningful games in a safe and enjoyable environment."

Juvenile Games Objectives 2018-2023

### 1. Best Practice Coaching

All coaches will have the skills, accreditation and knowledge required to facilitate the development of their players to reach their full potential in all games.

#### 2. Coaching Plan

Each coach will be informed by a club coaching plan for each sport. This will be headed up by a head coach for each sport.

#### 3, One Club

All juvenile players will represent and wear the Round Towers Lusk jersey.

#### 4. Ladies Football

We will field ladies football teams at all juvenile ages. Each team will have a full team of coaches and support volunteers.

5. Camogie

We will field camogie teams at every second year at juvenile level.

### 6. Involvement with Schools

We will continue to maintain our links with primary schools through the work of the G.P.O. We will also play an important part in the development of the pupils of Lusk Community College (LCC), through facilitation and support of football and hurling and involvement in the transition year programme.

#### 7. Link to Adult Teams

Each team will have a link player from the adult team panels, who will meet with the players and act as a role model for the children. The juvenile teams will be encouraged and facilitated to support the adult teams.

8. Partnerships with Country Clubs

Each team will form partnerships with clubs from the country and away days and visits will occur. Coaches can share ideas and coaching methods.

#### 9. Off-Season Training

During the winter months, the club will facilitate players between 14 and 19 with strength and conditioning training.

How Juvenile Objectives will be reached:

Action	2018	2019/2020	2021/2022	Responsibility
Best Practice Coaching	Audit coaches to assess needs for further training.	Continue to facilitate coaching courses and develop good practice.	Participate in national and provincial research programmes to develop methods.	Juvenile Chair, GPO & Head Coaches
Coaching Plan	Appoint Head Coaches for each Sport	Consult, research and devise coaching plans for each sport.	Implement plans and monitor progress, provide extra support to coaches when necessary.	Juvenile Chair, Head Coaches & GPO
One Club	Plan for each team to ensure teams can fulfil fixtures.	Meet mentors at the start of each year and allocate players to fulfil this goal.	Continue to monitor and organise teams to fulfil this goal.	Juvenile Chair
Ladies Football	Devise a plan for coach recruitment & training.	Establish teams at all ages.	Continue to develop teams.	Ladies Chair, GPO& Head Coach
Camogie	Devise a plan for coach recruitment & training.	Establish a new team every second year	Continue to develop teams.	Juvenile Chair, GPO& Head Coach
Involvement with Schools	Review and meet with school Principals to strengthen ties.	Work with LCC to provide coaching and facility support to pupils and teachers. Support representative teams from school.	Continue to support teams and try to recruit players who have not been involved on club teams.	Juvenile Chair
Link to Adult Teams	Juvenile and Adult committees meet and agree procedures	All teams will have link adult who attends occasional training and matches.	Review of success of programme.	Juvenile Chair & Adult Chair
Partnerships with Country Clubs	Information sessions to be held with each team management. Appoint a parent to co-ordinate. Create link with country club.	Host and visit country clubs. Use a trophy to promote interest from players and spectators.	Affirm these events as a permanent fixture on the Round Towers Lusk calendar	Juvenile Chair

## Adult Games Objectives 2018 - 2023

1. Adult Football Teams We will have achieved promotion to AFL2. The club will have two competitive junior football teams, AFL 2 & AFL 6 We will continue to field U21 and minor football teams

#### 2. Adult Hurling Team

The adult hurling team will have progressed to AHL 5.

### 3. Adult Ladies Team

The adult ladies team will be competing in Division 6 football by 2023.

## 4. Co-ordination of Games/Players

A forum will be established to ensure that all mens adult team managements will meet at regular intervals to facilitate co-operation and player welfare.

### 5. Code of Conduct for Players

An ethos and standards will be set for players in the club. This will help guide players, ensuring that they are aware of the expectations placed on them.

6. Best Practice Coaching

The club will facilitate all coaches to acquire the skills, knowledge, experience and accreditation necessary to coach their team to the highest standards.

## 7. Paying Down to the Next Generation

Retiring and senior players will be prepared by the club to coach juvenile teams and to impart their experience and knowledge to the next generation of players in Lusk.

How the Adult Games will be developed in the Club

Action	2018	2019/2020	2021/2022	Responsibility
Adult	Set up a third	Achieve	Achieve	Chair of
Football	adult football	promotions.	Promotion.	Adult
	team. Appoint	1		Football
	new			Committee
	management			
	of AFL3 side.			
Adult	Establish	Achieve	Achieve	Adult Hurling
Hurling	young players	promotions	promotions	Management
	on team and	-		_
	continue their			
	development.			
Adult Ladies	Continue	Achieve	Achieve	Ladies Chair
	progress made	promotions	promotions	
	in 2017 and			
	establish			
	young players			
	on team.			
Co-	Bi-annual	Devise and	Monitor &	Chairman
ordination of	meeting with	adopt	review	
teams/players	all men's	protocols	compliance to	
	Adult team		protocols	
	managements			
Develop and	Chair appoints	Each player who graduates to		Chairman
maintain a	an individual	adult will be inducted and an		
Players Code	to consult and	annual review of code occurs		
of Conduct.	draw up a	with players at start of year.		
	document	Annual review of code occurs		
	which will be	with players at start of year.		
	approved by			
	Exec.			

# Finance and Fundraising

Our Aim: In 2023 we will be able to say:

"Round Towers Lusk operates in surplus each year. We have the financial stability to plan future development and investment in our games."

The money required to run our club is on a par with any small to medium size business. Whilst we are an amateur organisation we must strive for the highest standards of professional financial governance.

Finance and Fundraising Objectives 2018-2023

## 1. Membership

Our membership fees will cover all registration, affiliation and insurance costs of the club. It can be paid in instalments by Direct Debit.

## 2. Club Bar

Profit from the club bar will cover our mortgage repayments and will contribute to games development.

## 3. Fundraising Co-ordination

The club will publish a calendar of fund-raising events at the start of each year. It will include targets and event owners.

### 4. Corporate Sponsorship

We will form mutually beneficial relationships with corporate bodies in the community. This will involve the sale of advertising space on our grounds and website and sponsorship of teams, publications and events.

## 5. Grant Funding

We will apply and lobby for grant funding for developments via Leinster Council, Fingal County Council, Fingal Leader and National Sports Council.

## 6. Employment

We will minimise payroll through engagement with employment support agencies.

### 7. Club Lotto

The club Lotto will be well supported by all members and can be played on-line or via direct debit.

### 8. Club Shop

Develop online club shop with return for the club from purchases and sponsorship.

How we will roll out the Financial and Fundraising Plan

Action	2018	2019/2020	2021/2022	Responsibility
Membership	Review membership annually to ensure that it is in line with what other clubs are charging. Also review membership types and tariffs. Bring proposals to members at AGM.			Registrar
Club Bar	Comprehensive review of management of bar. Set business targets. Investment in upgrade of facility. Further promote the club bar as a venue for social events including package deals with caterers etc.			Finance & Fundraising Committee
Fundraising Co-ordination	Establish a calendar of events with event leaders. Monitor events closely and ensure good event management.	Review calendar and set new goals.	Review calendar and set new goals.	Finance & Fundraising Committee
Corporate Sponsorship	In a co-ordinated fashion, promote the club to businesses for advertising and event support. Sell hoarding on 3 year deals.	Continue to liaise with sponsors and seek sponsorship support for events.	Review and repeat the cycle for 2021-2026.	Finance & Fundraising Committee
Grant Funding	Explore all options regarding grant agencies and make applications.	Make applications for grant funding through the Development Team.	Use learning from previous applications to maximise grant funding coming into club.	Finance & Fundraising Committee
Employment	Review all work in the club and identify positions vacant.	Engage with employment support agencies to fill those vacancies.		Secretary
Club Lotto	Set up direct debit option on membership applications. Promote Lotto actively through social media.	Review actions and review commission payment to sellers.	Continue to monitor and review.	Finance & Fundraising Committee
Club Shop	Set up club shop for 3 years with return to club and sponsorship.		Review and renegotiate club- shop arrangement.	Finance & Fundraising Committee

## **Facilities Development**

## OUR AIM:

## In 2023 we will be able to say:

"Round Towers Lusk has state of the art facilities for the playing and promotion of its games. We will have an adequate number of pitches, training areas and facilities to continue to grow and develop into the future."

## Facilities Objectives 2018-2013

### 1. Second Pitch

The club have commenced the building of a second full-size pitch at Thomas Ashe Park. This work will be completed and pitch playable by second quarter of 2019.

### 2. Ringroad Pitch

Fingal County Council have pledged to allocate a full-size pitch on the Ring Road, 20:20 site to the Round Towers Lusk. We expect to utilise this pitch from Spring 2019.

## 3. Thomas Ashe Park Plan

We will have made the most use of all of our ground at Thomas Ashe Park to ensure that access to and egress from our facilities is safe. There is adequate parking.

## 4. Floodlighting

We will have secured planning permission to install floodlighting for our grounds at Thomas Ashe Park. Lights will have been installed to illuminate our training areas.

### 5. All-Weather Pitch Resurface

We will have improved the surface of our All-weather pitch, making it less firm.

### 6. Ball-wall

We will have a ball-wall to facilitate skill acquisition and practice.

## 7. Dressing Rooms & Gym

We will build additional dressing rooms and a large fully equipped gym with studios, treatment rooms and shower facilities.

### 8. Bar Refurbishment

We will have refurbished our bar with better furniture and possible reconfiguration of space.

### 9. Energy efficiency

All of our facilities will have had a full energy audit and efficiency will be maximised to ensure minimisation of cost.

### 10. Thomas Ashe Park Boundaries

Our boundaries will have been upgraded to prevent unauthorised entry to our premises. They will also present the club in an appropriate manner with landscaping and signage.

### 11. Thomas Ashe Monument

Landscaping, lighting and fencing around the Thomas Ashe Monument will be completed.

### 12. Maintenance

Approved at RTL Executive Committee Meeting of 14<sup>th</sup> January 2019

Our facilities will be kept safe, repaired and maintained in a timely and quality manner.

How facilities will be developed:

Action	2018	2019-2020	2021-2022	Responsibility
T Ashe	Works will be	2017 2020	2021 2022	T Ashe
Monument	completed			Committee
Second Pitch	Works will be	Goal posts,		Second Pitch
Development	completed in Spring.	ball-stops &		Development
2 • · • · • · • · • · •	compresses in spring.	opening		Commitee
		ceremony		
Ringroad	Arrangements are			Lusk 20:20
Pitch	made to commence			Group
	using pitch in Spring			Representatives
Thomas Ashe	Draw up a governance			Club Chairman
Park	structure for project			
Development	management in the			
	club and appoint a			
	Development Chair to			
	lead out on planning			
	projects, appointing			
	project leads,			
	including securing			
	planning for multiple			
	developments			
Thomas Ashe	Survey Grounds and			Development
Park Plan	following consultation			Chair
	draw up a plan for the			
TT1 11: 1 .:	entire site.			<b>D</b>
Floodlighting	Secure planning for			Development
	floodlighting of all			Chair
	playing and training facilities			
Ball-Wall		Construct Bal	1 Wall	Davalonment
Dall- w all	Secure planning permission for	Construct Ba	li wali	Development Chair
	construction of a ball-			Chan
	wall			
Dressing	Secure planning	Construct dre	ssing rooms	
rooms & Gym	permission for	and gym	ssing rooms	
rooms & Oym	construction of	and gym		
	dressing rooms and			
	gym			
Bar	Audit and price works,	Complete		Finance &
Refurbishment	agree a structure for	works		Fundraising
	financing of bar			Committee
	works.			
Energy	Commission an energy			Finance &
Efficiency	audit and action plan			Fundraising
	for facilities. Agree			Committee
	financing and			
	complete works.			
Maintenance	Appoint a facilities	Monitor, main	Chairman and	
	team. Audit works and	s and replace and repair		facilities team
	ectaer relation alan. Con		C 1 Ath T	2010

# **Club Structures & Administration**

Our Aim:

In 2023 we will be able to say:

"Our club excels in its administration. We have the structures in place appropriate to the club's needs. Our Club Executive is vibrant and we have increased the number of volunteers involved."

Club Structure & Administration goals 2018-2023

1. Volunteer Numbers

There will be a doubling of volunteers in positions by 2023.

## 2. Volunteer Handbook

All new volunteers will be furnished with a club handbook which will provide guidance on club structures, protocols, policies and opportunities.

## 3. Executive Support

Club officers will have appointed assistants in order to provide support and ensure succession management.

## 4. Club Sub-Committees

A number of sub-committees will exist, including:

- Facilities
- Finance & Fundraising
- Adult Football
- Ladies
- Hurling
- Juvenile
- Development

Each sub-committee will have allocated budgets and reports to the Executive Committee.

## 5. Executive Committee Meetings

Executive Committee meetings will concern itself with policy development and executive decision making. Operational issues will be the concern of the sub-committees.

How Club Structures & Administration will be developed:

Action	2018	2019/2020	2021/2022	Responsibility
Increase	Improved	Roll-out of club	Review and	Club Executive
Volunteers	communication to	handbook.	action plan.	
	members outlining			
	opportunities.			
	Engagement with			
	juvenile parents by			
	club officers.			
Club	Appoint a project lead	Publish	Keep handbook	Chairman &
Handbook	to publish handbook.	handbook and	updated	Project Lead
		keep updated		
Executive	Recruit assistant	Induct assistant	Assistant Officers	Executive
Support	officers.	officers	succeed current	Committee
			officers	
Sub-	Develop sub-	Support sub-comm	Executive	
committees	committee structures	good working practices and		Committee and
	and budgeting cycle	governance		Sub-Committee
				Chairs
Executive	Secure co-operation from committee members and manage			Chairman and
Committee	meetings			Secretary
Meetings				

# PR Culture and Community

Our Aim: In 2023 we will be able to say:

"Round Towers Lusk has the most modern and effective methods in place to communicate with its membership, sponsors and the wider community. It has a recognisable "brand." The club will be the social hub for all of the people in our community.

Communications, PR Culture and Community Objectives 2018-2023

1. Storing and Accessing Information

The club will have a secure and appropriate database of club, sponsor and member information to include an archive system.

2. Website and Social Media Strategy

A strategy will be developed to include our website and social media. A new updated club website will be launched.

3. Communicating with members and the Community Club notes will be circulated.

4. Branding

We want immediate recognition of the Round Towers Lusk brand that signifies quality and success. Initiatives will include club merchandise, signage and publications.

5 Club History

The club will commission the collection, storage and display of a club archive. Also there will be recognition of past club officers and county representatives in the club house.

6. Irish Language

The club will actively promote the use of Gaeilge. All publications will contain some use of the Irish language.

7. Irish Culture and Music

We will host and facilitate members and individuals who wish to play Irish traditional music. We will also continue to promote local customs, e.g. Fingal Mummers.

How Communications, PR, Culture & Community will be developed in the Club:

Action	2018	2019-2020	2021-2022	Doopongibility
				Responsibility
Storing &	All club data	Access contro	Club	
Accessing	will be migrated	audit of data will be		Secretary
Information	to a single	maintained.		
	platform			
Website &	New website	Website and	Review of	PRO & Club
Social	will be built and	Social	social media use	Secretary
Media	launched	Media will	and action plan	
Strategy		be kept up		
		to date		
Club Notes	Appoint PRO	Continue to c	irculate club	PRO
	and renew	notes through	a variety of	
	practice of	media.		
	circulating club			
	notes.			
Branding	Club policy	Consistent hig	gh quality of	PRO & Club
	regarding	branding, prir	nting and	Executive
	clothing etc. will	publication w	ill be maintained.	
	be adopted and	1		
	published			
Club	Appoint a club	Free up	Write and	Club
History	historian/curator.	space in	publish a club	Executive
5	Review display	club bar for	history	
	space in bar and	display of	including on-	
	hall for display	curated	line access	
	of club materials	materials		
Irish	Appoint and	All publications will contain		Club
Language	Irish Officer.	some use of the Irish language.		Executive
88.		Also pop-up (		
		Gaeltacht Summer-camps will		
		be promoted and facilitated.		
Irish Culture	Make club space	Build links w	Irish Officer	
& Music	available for trad	musicians and		
	music lessons	incorporate tr		
	and sessions.	celebrations		
	unu 505510115.	celebrations		